



# Wheelmen Tracks

October 2011

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## New Shop in Town

Dear Lorain Wheelmen,

Many of you may have met us this cycling season, but for those who haven't, we'd like to formally introduce ourselves. We're Swerve, Lorain County's new full-service bike shop, located on Main Street in Oberlin.

Swerve opened the first week of May and has had a great first season. Our owners are Chris Robinson and Jason Adelman, both current residents of Oberlin. Chris was born in Elyria and is a stonemason by trade. He lived for many years in the Pacific Northwest, where he was a serious snowboarder and cyclist, and moved back to Oberlin 3 years ago to work with his old friend Jason and embark on the Swerve project. Jason, meanwhile, has been an Oberlin fixture for much of his life. All of us know and love his other business, the Feve Bar & Restaurant, just across the street from Swerve. Both Chris and Jason are members of the Lorain Wheelmen.

While Chris and Jason serve as the face of Swerve, we are very excited to announce the recent acquisition of a new head mechanic, Joseph McHugh. Joseph lives in Lakewood and previously worked for Ernie's Bike Shop. He brings to Swerve a positive, knowledgeable, and helpful attitude, and the mechanical skills to serve our needs as a professional-level bike shop.

You also might see Lindsey Prosocki and Dave Williams around the shop. Lindsey, a high school senior at North Ridgeville, is a National Cross Country Mountain Bike Racing Champion. She brings an impressive level of experience and knowledge to our mountain bike clientele. Dave Williams, meanwhile, is the son of Bob Williams, one of the founding members of the Lorain Wheelmen. He's Chris's step-dad, and often mans the shop so that Chris can get out and ride. All together, we have an amazing team, with deep roots in this region and a strong, diverse commitment to cycling.

Swerve is located in the old dry cleaner's building in Oberlin. As soon as Jason acquired the building in 2010, he and Chris started thinking about opening a bike shop there. When Dale informed them of his intentions to retire and graciously agreed to give them his Trek dealership, they moved forward with the plan. Remodeling began last summer. Chris himself did much of the construction and design work for the front and interior of the building, with help from Jason, local wood-worker James Zadamsky, and other Lorain contractors.

Swerve is now a Gold-level Trek Dealer, and currently carries some Specialized and Retrospec bikes as well. We plan to expand into other brands to fulfill the needs of all road, mountain, and commuter cyclists, and to make use of our upstairs space.

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# Minutes

The meeting of the Lorain Wheelmen was called to order by President John Bachman at 7:35p.m. There were 8 members present. Louise handed out the Treasurer Report which was looked over and approved by voice vote.

Minutes from the last newsletter were also approved as written.

Road Captain report was handed out and the mileage keeps on coming. The Tuesday and Thursday nights rides will both start from Prospect School as of now!

There was no old business brought up at this time.

The Red Flannel was discussed and some things have been started. Bill Trost has contacted Road ID already and will receive the numbers and other information. Bill will also be getting in touch with the area bike shops for donations. Clyde brought up a motion for the club to buy another 2 burner camp stove. This was seconded by Ralph and passed. Clyde will also begin getting the duty rooster made as to where help will be needed. Dan and Tina will once again be making pancakes in Mill Hollow and will need some extra hands to help. Dave will begin getting the mailing labels and forms ready and get them to Louise for printing. Bob Page will again do the sticking and stamping on the forms when ready. There will be a mailing of about 650. A comment was made that the hot cider is always a hit with the riders. Another motion was brought up have a special meeting on October 13th. to finalize the Red Flannel. This was agreed on and will be at Lorenzo's in Oberlin, on the 13th. at 7:30p.m. John Bachman also gave Louise 2 Pre-reg. applications for the 2011 Red Flannel.


Like always, this ride benefits the club and all members should help out one way or

another. So, voluntter to bake cookies or make some chile and/or soup.

The meeting ended when the food came.

Once again, next meeting will be October 13th. at 7:30p.m. at Lorenzo's in Oberlin which will be mainly the Red Flannel.



<i>WHEELMAN</i>		LORAIN WHEELMEN
<hr/>		<i>TRACKS</i>
President	John Bachman	
Vice Pres	Clyde Hohn	
Secretary/		
Treasurer	Louise Page	
Road Capt.	Ralph Ballard	
Editor	Dave Krebs	
For ride info, call 440.775.1573		

## Black Hawk Bicycle Ban Appeal to Supreme Court

In a move to ensure freedom to travel on Colorado roads, Bicycle Colorado has elevated the [ongoing Black Hawk bike ban case](#) to the [Colorado Supreme Court](#). The bicycle ban, which the town initiated in 2010, prohibits bicycle travel on most Black Hawk roads and cuts any paved bicycle connection between Central City and the Peak to Peak Highway. The ban also severs an Adventure Cycling route, with the nearest detour increasing the distance by approximately 27 miles. The case escalated to the state Supreme Court following a district court ruling against the three cyclists originally ticketed for riding their bicycles through the town.



## Cateye Totals

Member	August	YTD
Maddock, Daniel	1218	6,089
Maddock, Tina	1114	5,516
Cicerchi, Ron	682	3,835
Ballard, Ralph	562	3,584
Panek, Carl	199	3,354
Linneman, Ray	751	2,921
Hohn, Clyde	750	2,879
Hendrickson, Joel	608	2,802
Trost, Bill	319	2,466
Petro, Arthur	402	2,358
Panek, Carol	162	2,268
Zagorsky, Ben	628	2,206
Krebs, Dave	211	2,141
Grebenc, John	666	1,881
Carruthers, Mary	403	1,791
Hubbard, Dennis	0	1,715
Bachman, John W.	505	1,695
Keiser, Lynn	505	1,695
Wilbur, Frank	0	1,589
Weber, Dave	452	1,397
Moennich, Debbie	332	1,271
Chriss, George	128	1,178
Moennich, Jim	332	1,175
Riggs, David	0	1,168
Chaill, Susan	327	1,036
Galis, Larry	327	1,036
Riggs, Diane	0	846
Linneman, Ralene	375	615
Trost, Mary Ann	82	607
Hubbard, Karla	0	554
Stacklin, Jeff	150	523
Page, Louise	10	183
Wilbur, Betty	0	178
Seman, Thomas	0	118
Totals	12,200	64,670

## Bikes fly free with Frontier Airlines

Cyclists taking their bikes as checked baggage in recent years have faced ever-escalating fees and charges from every airline - sadly, a far cry from the days when League membership enabled you to avoid any such fees. So for once, for those of you who fly Frontier, there is good news! Frontier has removed the flat fee for checked bicycles and will now include them in the standard baggage allowance, meaning customers traveling on Classic or Classic Plus fares can include their bike as one of their two complimentary checked bags and Economy passengers would pay \$20 if the bike is one of their first two checked bags. Read more about the rules on [bikeleagueblog.org](#)



On that front, we'd like to let the Wheelmen know that we want to hear from you! We have the capacity to expand and we want that expansion to meet your needs. We're interested in feedback on what other bike brands you want to see, what products you use, and what else you'd like us to carry. You all are some of the most serious cyclists in our region, and it's people like you who can tell us how to serve this community best.

As some of you may know, Chris has really enjoyed a full season of riding with the Wheelmen. He gets out of the shop to ride whenever he can, and has made friends and learned a lot about a totally new style of riding. "Paceline riding has been a new and exciting experience for me," he says. He'll be out there as much he can for the rest of the season.

Due to having two businesses under his belt and a baby on the way, Jason hasn't been out this summer as much as he'd normally like to be, but his enthusiasm remains strong as ever. He's a huge cycling advocate and is excited to support our cycling community by way of the shop, even when he can't get out and ride himself.

If you haven't had a chance to see the shop in person, we hope you'll drop by soon and say hello. We're really excited to be here, and to be part of the Wheelmen. You'll see our sponsorship on the 1,500-mile Wheelmen jersey, at this year's Red Flannel, and hopefully at many milestones in the future.

Thanks for getting to know us, and we'll see you out on the trails soon!

Chris Robinson, Jason Adelman, and the rest of Swerve Bike Shop

The Red Flannel is coming and we need lots of bodies to make it a success. First of all, we need cookie bakers. One of the signature foods on ride day is homemade cookies. Another hit is the soups & chili. We need some home made chili & soup. We go through a LOT of 'em! So, if you can bake, contact Clyde and commit to baking. Bring all the stuff EARLY on ride morning.

AS the ride gets closer, we may need helpers to paint arrows on the routes.

On ride day, we need ALL members to come out and work the various jobs ranging from help parking cars to food stop workers to Registration and lastly, SAG wagon drivers. Clyde will assign you a job, so if you have a preference, give him a jingle at [chohn@oberlin.net](mailto:chohn@oberlin.net).

Don't worry; you'll get a chance to ride the route the week before when the Club ride will be the R/F route. We use this ride to test the road markings, etc. The Club R/F will start at 8:30 at the Oberlin Inn. The actual ride will start from the Oberlin Community Center at 9:00 AM. Be there by 8:00 for your assignments and to deliver cookies and/or soup.



# Calendar

## October 2011

2 <sup>nd</sup>	Amherst	LaGrange	54 40	Multiple distances Same place
9 <sup>th</sup>	Oberlin Inn	Lodi	57	
10 <sup>th</sup>	Amherst	Columbus Day	25/30	U-Show – rider’s choice
13 <sup>th</sup>	Lorenzo’s	Meeting	7:30	RF prep wrap-up
16 <sup>th</sup>	Oberlin Inn	Valley City	51	
23 <sup>th</sup>	Wakeman	Norwalk	40	One ride fits all
30 <sup>st</sup>	Oberlin Inn	Members Red Flannel	62	Members only

## Starting Times & locations

### Oberlin:

The Oberlin start is in the Oberlin Inn parking lot located in the rear of the Inn.

### Amherst:

The Amherst start is the City parking area 3 located between Tenney & Park Avenues just east of Church Street.

### Wakeman:

The start is in the park in the center of town ... at the only traffic light ... on US 20.

### Weeknight evening rides:



Are in full swing! The Tuesday AND Thursday ride will start from Prospect School at **4:00 PM (time change)**. Thursday's pace is a little slower than Tuesday! If you're not up to the pace of either evening ride, try the Tuesday morning version. It starts at the Oberlin Depot at **10:00 AM (note the time change)** and travels to both ends of the Path (26 miles) at a 15mph pace. This'll be the last month for the official evening rides. Standard time is coming and it's NOT light enough. Check with the Road Captain for pick-up rides next month.

### Weekend & Holiday Starting Times:

Sunday & Holiday rides start at **8:30 AM Eastern Daylight 'till Next month**.

Saturday rides will start at 9:00 AM from Prospect School in Oberlin.

Don't forget to turn in your miles to: [mymileage@lorainwheelmen.org](mailto:mymileage@lorainwheelmen.org)!

# The Truth about Chains

by [Sheldon “Reformed Chain Smoker” Brown](#)

revised by [John “Chain Male” Allen](#)

## Measuring Chain Wear

The standard way to measure chain wear is with a ruler or steel tape measure. This can be done without removing the chain from the bicycle. The normal technique is to measure a one-foot length, placing an inch mark of the ruler at the side of one rivet, then looking at the corresponding rivet 12 complete links away. On a new, unworn chain, this rivet will also line up exactly with an inch mark. With a worn chain, the rivet will be past the inch mark. [For accurate measurement, the chain should be held under some tension -- either on the bicycle, or hanging. -- John Allen]

This gives a direct measurement of the wear to the chain, and an indirect measurement of the wear to the sprockets:

- If the rivet is less than 1/16” past the mark, all is well.
- If the rivet is 1/16” past the mark, you should replace the chain, but the sprockets are probably undamaged.
- If the rivet is 1/8” past the mark, you have left it too long, and the sprockets (at least the favorite ones) will be too badly worn. If you replace a chain at the 1/8” point, without replacing the sprockets, it may run OK and not skip, but the worn sprockets will cause the new chain to wear much faster than it should, until it catches up with the wear state of the sprockets.
- If the rivet is past the 1/8” mark, a new chain will almost certainly skip on the worn sprockets, especially the smaller ones.

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## Rainbow Bridge

Just this side of heaven is a place called Rainbow Bridge. When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water and sunshine and our friends are warm and comfortable.

All of the animals who had been ill and old are restored to health and vigor, those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by. The animals are happy and content, except for one small thing; they each miss someone very special to them, who had to be left behind

They all run and play together, but the day comes when one suddenly stops and looks into the distance. His bright eyes are intent; his eager body begins to quiver. Suddenly he begins to run from the group, flying over the grass, his legs carry him faster and faster.

You have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face; your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart.

Then you cross the rainbow bridge together

...

Author unknown

# Lorain Wheelmen Membership Form

New  Renewal

Name \_\_\_\_\_ Age \_\_\_\_\_ Other Family Members \_\_\_\_\_  
Address \_\_\_\_\_ Age \_\_\_\_\_  
City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_ Age \_\_\_\_\_  
Phone ( ) \_\_\_\_\_ Cell Ph ( ) \_\_\_\_\_ e-mail \_\_\_\_\_

Dues (due March 1st) Schedule (1/2 after Oct 1st for NEW membership)

Adult/Family \$15.00

**Return To:**

Lorain Wheelmen  
P.O. Box 102  
Amherst OH 44001-0102

**Waiver**

In signing this release for myself or the named member (when the member is under 18), I understand the intent of this release and agree to absolve all of the sponsors, or organizers and associated entities be they individuals or organizations, singly and collectively of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in any Lorain Wheelmen Bicycle Club ride or in connection with any activity associated with or related to said organization. If the member is 18 or over, he/she signs for self. If not, then the parent or legal guardian must sign below.

Date \_\_\_\_\_  
Signature of member or parent/guardian \_\_\_\_\_